

VISIT THE VELODROME

Liverpool to Dunc Gray Velodrome

28 km return - mostly flat terrain
(One hill at Georges Hall)
Mostly on cycle paths

This ride is prepared by



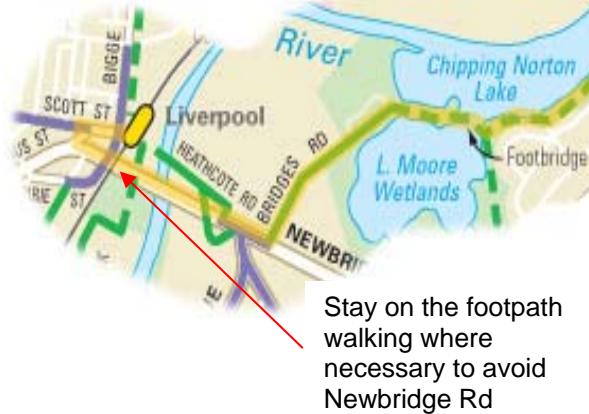
LiveBUG

Liverpool Bicycle Users Group

Based on the map

"Exploring Fairfield & Liverpool by Bike",
produced by SSWAHS Health Promotion Unit

**Start / End
Liverpool
Station**



Stay on the footpath walking where necessary to avoid Newbridge Rd



Do a lap around the criterium track next to the velodrome

Have a look at track cycling at the Dunc Gray Velodrome

Licensed Sports Club
'The Handle Bar', open at the velodrome for drinks & bistro meals

Cycle bridge over Henry Lawson Drive

Picnic table areas

On-road short cut option on return journey

Stay on verge & pedestrian bridge to avoid high road traffic

Velodrome Contacts

Dunc Gray Velodrome

<http://www.duncgrayvelodrome.com/> ph 97389900

Handle Bar Tavern (Bankstown Sports Club)

<http://www.handlebartavern.com/> ph 97439889